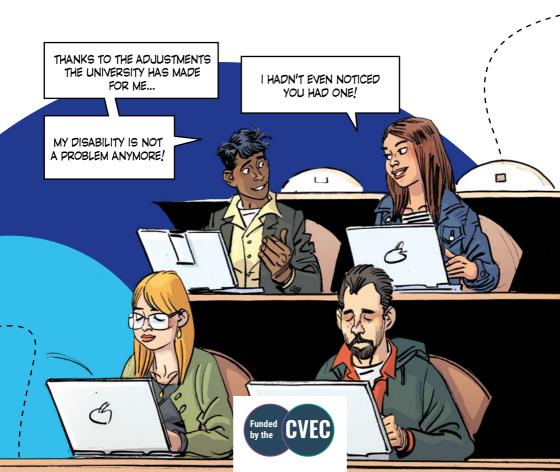




### THE STUDENT

# WITH DISABILITIES'

## **GUIDE**





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### **DID YOU KNOW?**

Let's keep you in the loop and get in touch on social media:

#### Instagram:

universite\_savoie\_mont\_blanc

Imagina phone app:
You can find our student page
on www.univ-smb.fr/
espace-etudiant

### **FOREWORD**

Enabling access to university and higher education for all is essential. It is a necessity that must not be overlooked. As such, our role is to make sure that terms such as «accessibility» and «inclusion» are not limited to formal platitudes and lead to concrete and efficient measures. The Student With Disabilities Guide was written as part of this initiative, and as part of student life at our university.

Addressing disability is not limited to tackling issues regarding classrooms accessibility and the various studies or examination possibilities of adjustment. It also encompasses the setting up of adequate welcoming, support, alertness and mutual understanding modalities for students with disabilities to experience university life to the fullest. The goal of this guide is to translate the whole spirit behind this initiative in a fun way and to bring the reader to get past its title as it is actually aimed at everyone, from students to teaching and administrative staff, so that everyone can collectively appreciate that professional integration starts at university.

Jean-François Dreuille
Vice-president of the
Academic and University
Life department.



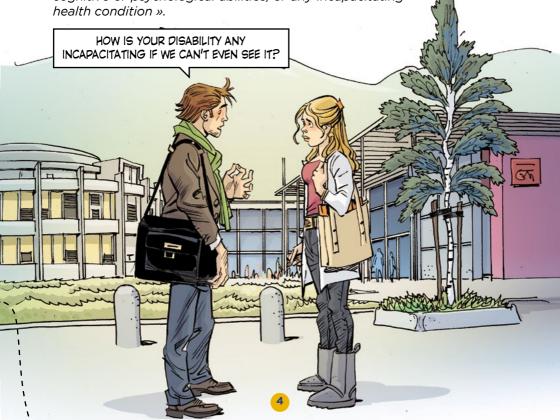
# UNDERSTANDING

### DISABILITY.

With an eye to promoting equal opportunity, the university seeks to make sure that your disability does not constitute an obstacle to your studies. Understanding students with disabilities' situation and conditions is essential in order to support them. In this section, you will find more information on the topic.

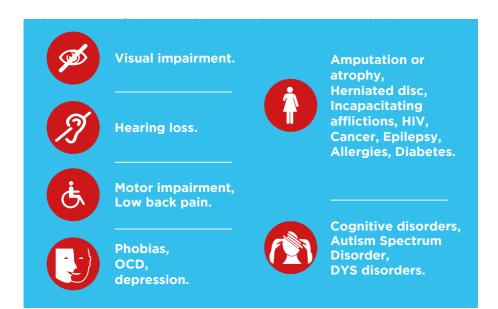
## **Disability: legal definition** - According to the law of February 11, 2005.

« Pursuant to the present legislation, a disability refers to any condition having a restrictive and/or debilitating effect on a person's ability to partake in social activities in any given environment, induced by one or more lifelong, long-term or substantial physical or mental alteration, thus depriving them from one or more of their physical, sensory, mental, cognitive or psychological abilities, or any incapacitating



### Different realities.

Did you know that only **3% of people with disabilities actually are in wheelchairs? That 80% of disabilities are invisible?** Listed below are some examples that prove that the spectrum of disabilities encompasses many more conditions than what people typically have in mind.



### The university/disability policy.

By ratifying this document on 2007, the government and France Université have been committed to promoting students with disabilities' independence in their studies and to guaranteeing equal opportunity since 2012.

They have fulfilled this commitment by creating a place dedicated to welcome and support students with disabilities in every university.

### Disability: a matter of context.

Disability is inevitably defined by a specific environment. Any given deficiency may or may not generate a form of disability depending on limitations specific to the person's activity.

# **ATTENTIVE** SUPPORT SERVICES

In order to facilitate the welcoming and support of students with disabilities, the C2AESH works in collaboration with multiple support services. If you wish to apply for studies and/or examination adjustments, please contact the Students with disabilities Welcoming and Support Unit or the Student Health Services, who will assess your situation.

## Students with disabilities Welcoming and Support Unit (C2AESH) Contact Info.

The Université Savoie Mont Blanc's C2AESH is in charge of welcoming and supporting students with disabilities for whom, depending on their needs, adjustments may be necessary over the course of their studies:

- Information on their rights and subsequent procedures,
- Supporting them in filling in application forms (MDPH, EMAAS),
- Access to all infrastructures, academic support and access to education and knowledge,
- Adapting examination modalities, orientation and supporting professional integration,
- Supporting them in their search for an internship and their involvement in student life.

The welcoming unit is in charge of mobilizing and coordinating all university stakeholders involved in the support of students. The unit also relies on the Student Health Services and, depending on the complexity of the situation, on a multidisciplinary team so as to come up with adjustment measures tailored to the student's needs.

### The Student Health Services (SSE).

The SSE practitioners at the Université Savoie Mont Blanc are in charge managing and keeping the student's medical record up to date, while respecting patient confidentiality. They make sure that the student's care pathway is appropriately suited to their needs.

The practitioners can, if deemed necessary and with the student's consent, contact the welcome unit and relevant stakeholders so as to gather enough data and subsequently make adequate adjustment suggestions.



For more information, head over to the USMB's website..

Click here or scan the QRcode.

### C2AESH CONTACT INFO:

(Preferably via e-mail).

Tel. No.: +33 4 79 75 91 56 or 04 50 09 24 96. E-mail address: mission.handicap@univ-smb.fr

### **SSE CONTACT INFO:**

#### **ANNECY-LE-VIEUX CAMPUS.**

Tel. No.: +33 4 50 09 24 90.

E-mail: medecine.preventive-annecy@univ-smb.fr

### **BOURGET-DU-LAC CAMPUS.**

Tel. No.: +33 4 79 75 87 56.

E-mail: medecine.preventive-bourget@univ-smb.fr

#### CAMPUS DE JACOB-BELLECOMBETTE.

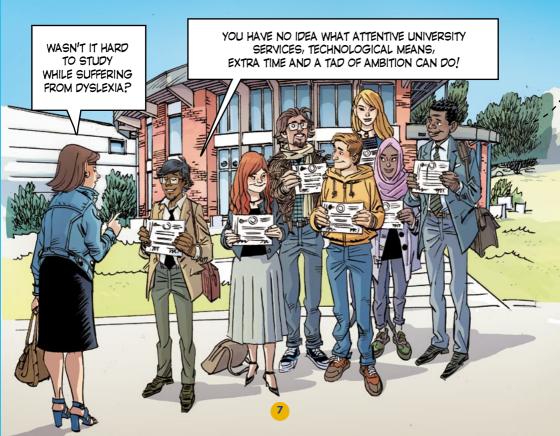
Tel. no.: +33 4 79 75 85 44.

E-mail: medecine.preventive-jacob@univ-smb.fr

Get in touch

Social workers can also operate on access to specific rights (Accommodation, financial support).

Psychologists working on all three campuses are also available.



# SUPPORTING YOU IN EVERY STEP OF YOUR EXPERIENCE AT OUR UNIVERSITY

The welcoming unit is here to support you in your administrative procedures, including when reporting your disability, while respecting confidentiality policies. A personalized support scheme can be set up. The scheme is then re-examined each year so as to offer you adjustments tailored to your own needs.

### Before the start of the academic year.

We suggest that you contact the C2AESH to prepare the implementation of your personalized support scheme and set up professional guidance.

### It's never too early!

### Administrative Registration.

It is the beginning of your university experience (you will be assigned your student number and you will be asked to pay your registration fees).

- → We suggest that you book an appointment with an SSE practitioner without delay (so as to assess adjustments requirements). You will be asked to provide your most recent medical records, as they are essential for thorough assessment of your situation.
- → In addition, feel free to get in touch with C2AESH staff members.

  They will assist you in keeping track of other aspects of university life (e.g., budget, accommodation, daily life, contacting other services).
- → Check the deadlines applicable to adjustment resquests every semester, so as to take an apointment with the student health service in due time.

### Your University Experience.

Your situation can be reassessed and adjustments can be modified or implemented at any time, based on your needs. Students take part in their own follow-up in the context of their studies.

### At every start of an academic year.

It is essential to check on your situation with a practitioner to renew or make changes in the adjustments implemented before due dates.

Contacting the C2AESH staff members to evaluate your current situation can also prove useful.



#### **Examination Period:**

**Being proactive is key.** Applications for adjustments can only be taken into account at least 3 weeks prior to the beginning of the examination period.

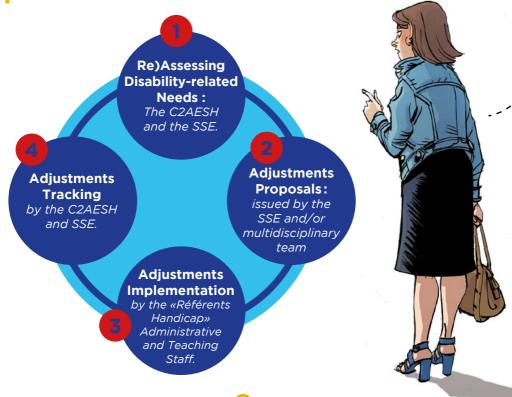
### **Competitive Exams:**

Warning: adjustments modalities may vary depending on the existing policies in the host institution. We suggest that you get in touch with the Students with disabilities Welcoming and Support Unit, which will be in charge of contacting said institution on your behalf.

### Internships:

The Students with disabilities Welcoming and Support Unit is in charge of assisting you in taking administrative steps to obtain a RQTH (official disability recognition for workers) statement. Your disability will then be recognized by law in a professional context

Specific adjustments will be made depending on potential changes in your own situation.



# AN **ACCESSIBLE** ENVIRONMENT

Starting university constitutes a new step in building your future. Over the course of your experience at university, you will connect with new people and build long-term, or even lifelong friendships. Our university seeks to implement the most relevant actions to make your experience as a student as enjoyable as possible, in an inclusive environment. Among said actions, our university has engaged in a continual improvement process regarding access to university facilities and learning materials. Feel free to contact the C2AESH for any suggestion to improve accessibility on campus.



### Accessible Buildings.

Our university continuously strives on improving access conditions to all facilities on all campuses, be it via installing access ramps, lifts, automatic doors, tactile walking surface indicators, offering free access to convenient parking slots...

Improving accessibility on campus does not stop there: some lecture rooms, classrooms and administrative infrastructures are fitted with hearing induction loop systems for people with reduced ranges of hearing.

Furthermore, computer labs are available to help you revise and work on individual projects in the best conditions.

# A Dedicated Online Platform.

Moodle is a online learning platform that can be accessed to via the USMB intranet (by clicking on the link available on our page), which grants students access to learning material as well as various collaborative tools, allowing them to share files, articles, blog posts, and more! Through the Course Catalogue, you can access multimedia activity modules and open-access lessons. Depending on your university course, additional links to other learning platforms will made available by the academic team.



### A Fully Accessible Library.

- → Library services are available on all campuses. The library staff is here to help you and provide you with all the support necessary in your documentary research.
  - → You can benefit from a prolonged material loan period (under specific conditions) in order to help you in your academic research.
  - → Screen magnifiers are also available, in addition to computers fitted with magnification software.
  - → Study rooms are available for booking if you wish to work in a quiet environment.
- → You can head over to the libraries' relaxation areas to unwind.

# PERSONALIZED **ADJUSTMENTS**

Our students with disabilities welcoming and support policy consists in offering students tailored adjustments to meet their needs and compensate for every form of disability.

FORGET ABOUT DEPRESSION!
AS YOUR SUPPORTING CLASSMATE, IF YOU AGREE,
I AM COMMITTED TO HELPING YOU TAKE ADMINISTRATTIVE
STEPS, ORGANIZE YOUR SCHEDULE AND
MANAGE YOUR PRIORITIES!



### Academic Life.

- → Specific Learning Equipment (PCs, learning software)
- → Adapted Furniture,
- → Course Material Retrieval.
- → Supporting Classmate Assistance for Transportation and Material/ Equipment Use.
- → Academic Material Adaptation: Braille Transcription, Learning Material Magnification,
- → Cued Speech, French Sign Language Interpretation (LSF),
- → Course Modalities, Schedule, Lab Courses Adjustments...,
- → Academic Support,
- → Tutoring,
- → etc.

### **DID YOU KNOW?**

For examination adjustments, please contact us 3 weeks prior to the start of your examination period.

The setting up of adjustments for competitive examination might require more time as the university will have to connect with the examination center.

#### **DID YOU KNOW?**

Supporting students jobs are open to all.

Feel free to apply or to spread the word!

# Examination and Competitive Examination Period.

- → Extended Completion Time («tiers temps») for written tests and preparing oral examinations,
  - → Note Taking Support,
  - → Individual Examination Room,
- → Use of Specific Computer Equipment,
  - → Test Subject Adaptation (text magnification, Braille transcription),
    - → Exams Adaptation,
      - → Etc.

# AN INCLUSIVE **STUDENT LIFE**

Even when giving your all during your studies, it is important to take part in various extracurricular activities and give yourself some time to unwind. What better way to do so than playing sports or partaking in artistic projects? Head over to our «Vie étudiante de l'Université Savoie Mont Blanc» Facebook page to keep up with the latest projects and events.

### Student Life and Campus Services.

Extracurricular Activities, Projects and Events.

The Student Life and Campus Services provide students with all the support necessary to carry out club projects and activities, be it cultural, artistic, civic, support or sports-related initiatives.

### **Student Life and Campus Services Contact Info.**

Tel. No.: +33 4 79 75 94 15

E-mail address: service.vie-etudiante@univ-smb.fr



You can find more information on our page. Click here or scan the QRcode.



### Clubs and Societies.

Theatre, dancing, music... You can choose from a wide range of artistic activities and attend a variety of cultural outings.



You can find more information on our page. Click here or scan the QRcode.



### Student Office.

A myriad of clubs and societies are waiting for you to join them. They are here to amp up student life from the very beginning: you can't miss them!

### Sports Activites.

The Sports Department, in collaboration with the C2AESH, seeks to help you partake in any activity of your choice by providing you with adequate support based on your disability to offer you the best experience and promote students with disabilities' inclusion in physical activities.

### RELAY STUDENTS («ÉTUDIANTS RELAIS»):

Information, health, IT... Most university services can count on many students' support, who will gladly help you find your way around upon arrival on campus.



You can find more information on our page. Click here or scan the QRcode.





# THE BEST TOOLS FOR A SUCCESSFUL **PROFESSIONAL INTEGRATION.**

A dedicated team will help you prepare your professional integration on the labor market. The team will put their expertise at your service to help you make the best choices and come up with a robust career plan.



# The University Professional Guidance and Integration Service (SUIOIP).

### A team dedicated to support you in building your career path.

The SUIOIP is in charge of offering advice, informing and supporting students in the building of their academic path and professional projects.

The SUIOIP works in close collaboration with Cap Emploi and the Club des Entreprises (CDE) who act as intermediaries between students and working life. The Club des Entreprises is also here to help you find an internship, a job placement (if you are part of a work-linked training programme), or a temporary placement

Individual interviews can be set up by a French Ministry of Education professional guidance counsellor and psychologist working hand in hand with the Université Savoie Mont Blanc on all three campuses.

#### **SUIOIP Contact Info.**

Tel. No.: 04 79 75 94 83.

E-mail adress: service.orientation@univ-smb.fr

### The Worker With Disabilities Recognition (Reconnaissance de la Qualité de Travailleur Handicapé, or RQTH).

### Put the odds in you favor!

You can apply for a worker with disabilities status (RQTH) at the end of your studies. Employers will take it into account when examining your internship application. We highly suggest students with disabilities who wish to apply for it to do it ahead of their compulsory internship research. Indeed, being legally recognized as a worker with disabilities will make it easier for you to request specific adjustments to be made at the company you will be working at, if deemed necessary. Measures and adjustment modalities will vary from one company to another, and can range from equipment funding and/or installation to schedule and/or workplace adjustments, etc.

Since the examination and processing of your application by the Commission des droits et de l'autonomie des personnes handicapées (CDAPH) may take some time, we strongly advise you to fill in the application form as early as possible.

### **CAREER CENTER**

Hundreds of job offers are available on the Career Center website.

### **DAILY LIFE AT UNIVERSITY**



### Financial Support.

Students with disabilities are eligible for financial support, like all students, but also to specific financial support depending on their disability.

For accommodation-related financial support schemes, please get in touch with the CROUS/CLOUS social worker on your campus.



You can find more information on our page. Click here or scan the QRcode.



### Personalized Monthly Financial Aid.

Depending on your personal level of autonomy, your age, budget and your residence, you may be eligible to apply for a disability financial compensation (PCH). This financial support scheme from the local authorities is aimed at refunding loss of autonomy-related expenses. You can ask the Maison Départemntale des Personnes Handicapées (MDPH) office of your area for an application form. The "référentes handicap" from the C2AESH are here to assist you in the filling in of this application form, so feel free to ask for their help!

### The Disabled Adults' Allowance (AAH).

Applications can be filed and sent to the MDPH. The "référentes handicap" from the C2AESH will also help you take the necessary administrative steps.



### Accommodation.

As a student, and depending on where you study, your course duration and your financial resources, you have several options. Whatever your choice may be, feel free to ask the social workers operating on all campuses for help. They will assist you in finding the services and offices available depending on your accommodation location.

#### **CROUS Residences.**

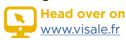
Online application period starts on January 15 and ends on September 30 of the previous year.



You can apply for accommodation on www.crous-grenoble.fr

### Visale Free Deposit Scheme.

Apply for the deposit support scheme and provide a statement before moving in.





### Transportation. Accommodation-University Transportation.

Don't forget to send your support application form to the Conseil Départemental.

### **Public Transports.**



You can find more information on our page. Click here or scan the QRcode.



### Carpooling.

### Carpooling in Auvergne Rhône Alpes:

**MOV'ICI** is a local, public carpooling service free of charge and safe to commute safely and with ease.

You can access the website via their app and offer a ride in real time or find one!

# M@V'ICI Auvergne-Rhône-Alpes

### Biking.

### There are several options:

You can either rent a bike for an hour, or longer...

You can find many bikeways in the area.

# Students with disabilities Welcoming and Support Unit (C2AESH) Contact Info.

Tel. No.: +33 4 79 75 91 56 or +33 4 50 09 24 96. E-mail address: mission.handicap@univ-smb.fr

### Student Health Services (SSE) Contact Info.

ANNECY-LE-VIEUX CAMPUS.

Tél. No.: +33 4 50 09 24 90.

Mail: medecine.preventive-annecy@univ-smb.fr

**BOURGET-DU-LAC CAMPUS.** 

Tél. No.: +33 4 79 75 87 56.

Mail: medecine.preventive-bourget@univ-smb.fr

JACOB-BELLECOMBETTE CAMPUS.

Tél No.: +33 4 79 75 85 44.

Mail: medecine.preventive-jacob@univ-smb.fr



You can book an appointment with a SSE physician online:

https://prdv-savoie.grenet.fr/

or by scanning the following QR Code:

