

BIP General presentation

General Information		
Dates for physical activity:		
20-24 November 2023		
Proposed period for virtual component:		
27-30 November 2023		
Location of physical activity:		
West University of Timișoara (Vasile Pârvan Blvd. no. 4, Timișoara, Romania)		
Target audience / Participant profile:		
Academic and administrative staff members from UNITA partner universities, UNITA University Associated Partners and members of others alliances of higher education institutions across Europe, who are involved in support structures dedicated to the guidance, counseling and well-being of students, university candidates and graduates/alumni (e.g. psychologists, counselors, psychotherapists, practitioners involved in psychoeducational programs or professional guidance, career advisors, mental health facilitators, trainers, educators, psychoeducators etc.).		
No. of ECTS issued:		
Not the case		
Language of instruction and requirements:		
English		
Organizing board: Roxana PĂCURAR Bianca PRISACARĂ		
Host university UVT	UNITA partners	EUAs partners
	ТВС	ТВС
Program		
Title:		
BIP The Importance of Guidance and Counseling in Students' Life		
Short description:		



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The overall objective of the program, *BIP The Importance of Guidance and Counseling in Students' Life,* is to contribute to establishing a European Education Area with a global outreach and to strengthen the link between education and research, in this case in the field of *Guidance, Counseling & Student Well-being Services*. Therefore, we aim to enhance support and counseling services for students within European University Alliances, by facilitating the exchange of best practices, supporting and participating in workshops and contributing to the implementation of new projects and initiatives.

The education landscape across Europe is in a continuous changing, and at the same time, the interests and the needs of our students, which is why, as practitioners in the field of professional counseling and student mental health, we have to understand the students' interests in order to sustain the quality and relevance of their educational experience.

Within UNITA and other alliances of higher education institutions across Europe, this initiative is offering the opportunity to support diverse cooperation models between the practitioners, in order to ensure the coherence of inter-university *guidance, counseling and student well-being services* (sharing, applying to current needs, improving, innovating).

The objective is also to connect the UNITA colleagues and members of others European Universities Alliances (e.g. psychologists, counselors, psychotherapists, practitioners involved in psychoeducational programs or professional guidance, career advisors, mental health facilitators, trainers, educators, psychoeducators etc.), as part of the alliances development in order to:

- share the expertise;
- experience new working environments;
- develop their knowledge, skills and competences;
- connect with the peers abroad to develop common activities and new Erasmus+ projects to achieve the academic strategy's objectives;
- exchange good practices and enhance cooperation between higher education institutions;
- better prepare students for the labour market.

Proposed schedule:

Conceived as a working group, the program aims to increase the level of collaboration between practitioners to identify the psychological factors/models/strategies relevant to the learning process and the psychoeducational context, while also ensuring the development of quality learning opportunities.









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Therefore, in the 5 five days of onsite activity we would like to facilitate the professional bonding between the participants and to strengthen the international cooperation by encouraging the exchange of best practices and experiences from the home universities (which is why the participants will have to prepare a workshop/a presentation of an activity/practice with impact on their target group).

Based on the exchange of good practices and the workshops from the program, we invite the participants to be part of a network of committed and reliable partners, to develop a project idea directly with partners that they can identify in the program and to become partners of other Erasmus+ projects. In this regard, one of the days is dedicated to the exploration of Erasmus+ opportunities and the identification of project ideas relevant to the activity of each participant.

The online activity, after the onsite program, will take the form of a Follow-up session, in which together, we will analyze the implementation opportunities of the chosen projects and the possible application strategies.

The program can be accessed <u>HERE</u>.

Last but not least, because we are talking about international mobility, we also want to facilitate a series of cultural immersion experiences, which we hope are going to contribute to the development of the intercultural competences of the participants (more details in the program above).

On a similar note, it should be mentioned that Timişoara holds the title of European Capital of Culture for the year 2023, and a number of cultural programs are implemented assuming the mission of actively contributing to the valorization of Timişoara's identity, diversity, creativity, and cultural avant-garde as engines for sustainable community development. Therefore, the participants can attend, in their free time, the events within the TM 2023 program. More details <u>HERE</u>.



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Both at the institutional and individual level, we want this activity to provide the opportunity to connect between practitioners in the field of *Guidance, Counseling & Student Well-being Services*, to exchange good practices and to create the confidence to call within the alliances for support, because we work together to facilitate an inter-university European development of our students.

We hope that the participants will go back home not only with new project ideas, but also with opportunities for professional network and partnerships.

Invited guests/speakers/experts (if any):

Guest Speakers

твс

Application procedure

Requirements:

- the participants must have a background in psychology or educational sciences and/or currently working in a support structure dedicated to the guidance, counseling and well-being of students, university candidates and graduates/alumni
- the participants should assume to facilitate one of the onsite sessions dedicated to the exchange of good practices

How to apply:

The registration can be done by filling out this form until October 23rd, 2023.

*For more information on the participant's profile and program's content - ccoc@e-uvt.ro.



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