

BLENDDED INTENSIVE PROGRAMME PLAN

GENERAL INFORMATION			
Course title: Randopat-Heritrail 3 'Cultural Heritage Food & Craft in Serra da Estrela : Mushrooms, Cheese and Wool '			
Dates for physical activity: 11/11/24 - 16/11/24			
Proposed period for virtual component: 04/11/2024			
Location of physical activity: UBI & Serra da Estrela			
Target audience / Participant profile : This BIP would be of particular interest for students (of all levels) in anthropology, ethnology, ethnobiology, cultural tourism, marketing, etc. However, students and staff who are genuinely interested in these fields even if not registered for courses will also be welcome.			
No. of ECTS issued : 3			
Language of instruction and requirements : Mostly English. However, there could also be presentation in Romance languages (Portuguese, French) for which support will be given (e.g. presentation in Portuguese or French, but with slide captions also in English)			
Organizing board :			
Host university UBI (Universidade da Beira Interior) - Portugal	Partner 1 UVT (Universitatea de Vest din Timisoara) - Roménia	Partner 2 UPPA (Université de Pau et des Pays de l'Adour) - França	Partner 3 UniTo (Università degli Studi di Torino) - Itália
Partner 4 UNEX Universidad de Extremadura (Spain)	Partner 5 IPG (Instituto Politécnico da Guarda) - Portugal	Partner 6	



Programme

Monday 11th November

Morning:

Helena Alves (Vice-Rector for Education and Professional Exits), Carla Pereira (Head of the Management and Economics department), Cristina Estevão (BIP Organizer) - UBI, & Rui Cerveira - IPG: 'Welcome and Introduction'

Giovanna Hendel (UNITA) & UBI + IPG colleagues: 'Cultural Heritage Villages network in Serra da Estrela'

Otilia Hedeşan (UVT): 'Mushrooms and other marginal ingredients in Romania'

Diana Mihuţ (UVT): 'Mushrooms and (very) local dishes in Romania'

Lunch in the university canteen

Afternoon:

Cosmin Ivascu (UVT): 'Ethnobotany and mushrooms' (TBC)

Cristina Barrôco (Viseu Polytechnic Institute): "'Mycological Tourism: an opportunity to discover the territory'"

Ivan Molineris (UniTo) – "A Molecular Biology Journey into Fungi"

Cândido Henriques - Mycology Technician and Trainer

Tuesday 12th November

Morning:

Mushroom Picking (Sabugal)

Mushroom lunch at Casa da Esquila www.casadaesquila.com

Afternoon:

Visit of the [Cheese Museum at Peraboa](#)

Wednesday 13th November

Morning:

Rita Salvado - UBI & Muslan

Pedro Neto - Councilor of the Fundão City Council

Lunch at the university canteen

Afternoon:

[Wool Museum Covilhã \(MUSLAN\) – UBI](#)

[NHL- New Hand Lab](#) (Old wool factory, now converted in wool museum & art center)

Thursday 14th November

Morning:

Celso Lopes - NECE - Research Center for Business Sciences - UBI

Ana Cerro Campon - University of Extremadura

Mário Rui Ramos – Chef

Lunch: Cheese Showcooking with Mushrooms, Cheese & Beira Interior Wines at the UBI

Afternoon:

Still to be defined

Friday 15th November

Morning:

Visit Cheese Installations at Serra da Estrela

[Center for Interpretation of Serra da Estrela](#)

Lunch at the university canteen IPG

Afternoon:

Visit Wool Factory Ecolã and Seminar “Wool, a Fiber with Unique Properties” with Fonseca Costa - Commercial Manager

Night free: [Miscaros Festival](#)

Saturday 16th November

[Miscaros Festival](#)

Mycological Tour Míscaros

Work Group Presentation

Farewell Lunch with a closing message from the Faculty President (Arminda do Paço), the NECE Coordinator (Ricardo Rodrigues) and the BIP Organizer (Cristina Estevão)



Short description:

This BIP belongs to the ‘RandoPat-Heritrails’ series. This is a series of summer/winter schools organized within the Cultural Heritage Hub of UNITA and structured around the ‘peripatetic’ principle of learning by walking together (in relation to landscape).

A first autumn school already conceived along these principles was:

["Intangible Cultural Heritage \(ICH\) in Pays de Béarn", UPPA, 8/11/21-13/11/21](#)

It was followed up by:

[Randopat-Heritrail 1 – Mushrooms, herbs and raw food : practices and beliefs', UVT, 7-11 November 2022](#)

[Randopat-Heritrail 2: 'Sur les Chemins de Roland', UPPA, 12-16 June 2023](#)

For this BIP we would like to pursue some of the work carried out at the randopat at UVT, namely the study of local practices and traditions in the use of natural ingredients, in particular mushrooms. We'll have mycologists and ethnobotanists among our participants. So, this will be partly an interdisciplinary BIP,

enriched by the contribution of these specialists. Furthermore, in this BIP, to take place in Serra da Estrela, we shall also include the study of the cheese and the wool crafts in the area.



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Objectives:

At the end of this BIP, participants will be expected to have gained a good appreciation of the aspects of Cultural Heritage of the region considered during the week. They will also be expected to have gained some notions of mycology that will both enrich their general culture and allow them to draw comparisons with the traditional uses of mushrooms in their own regions.

Invited guests/speakers/experts (if any):

IPG

[Instituto Politécnico da Guarda]

Rui Cerveira <cerveira@ipg.pt>

UVT

[Universitatea de Vest din Timișoara]

[Otilia Hedesan](mailto:otilia.hedesan@e-uvt.ro) otilia.hedesan@e-uvt.ro

[Diana Mihut](mailto:diana.mihut@e-uvt.ro) diana.mihut@e-uvt.ro

[Cosmin Ivascu](mailto:cosmin.ivascu@e-uvt.ro) cosmin.ivascu@e-uvt.ro

UPPA

[Université de Pau et des Pays de l'Adour]

[Patricia Heiniger-Casteret](mailto:patricia.heiniger-casteret@univ-pau.fr) patricia.heiniger-casteret@univ-pau.fr

UniTo (TBC)

[Università degli Studi di Torino]

[Ivan Molineris](mailto:ivan.molineris@unito.it) ivan.molineris@unito.it

UNITA-UniTo

Giovanna Hendel giovanna.hendel@unito.it

Cultural Heritage Hub Coordinator

UNEX

[University of Extremadura]

Ana Cerro Campon - amcampon@unex.es

Cristina Barrôco - [Instituto Politécnico de Viseu]- cbarroco@estgv.ipv.pt

Celso Lopes (NECE - Research Center for Business Sciences -UBI) - celso.m.lopes@gmail.com

Mário Rui Ramos - Chef - m.ramos@ipcb.pt -

Rita Salvado - UBI & Muslan - lrbs@ubi.pt

Fonseca Costa - Commercial manager - Ecolã - ecolaportugal@hotmail.com

Pedro Neto - Councilor of the Fundão City Council - pedro.neto@cm-fundao.pt

APPLICATION PROCEDURE

Requirements :

Students will be selected by each partner university.

How to apply :

Student selection criteria will be defined by each partner university.