

## BIP History, culture and traditions of mountain areas

<b>General Information</b>	
<b>Host university:</b> Transilvania University of Braşov	
<b>Title of BIP:</b> History, culture and traditions of mountain areas	
<b>Location of the physical activities (city, country):</b> Braşov and Făgăraş (Romania)	
<b>Dates for physical activity:</b> 16 – 20 June 2025	
<b>Dates for virtual component:</b> 27 May -13 June 2025	
<b>Short description of virtual component:</b> The online activities consist of sessions meant to engage learners in exploring (comparatively) the rich cultural heritage of the European mountain areas of each home country of the participants. Presentations regarding people and places that marked the history of Romanian mountain areas in the past century, course about Romanian customs and traditions, the premises of an international audio-visual project focusing on European mountain areas in the 20 <sup>th</sup> and 21 <sup>st</sup> centuries.	
<b>Target audience / Participant profile (level and domain of study, academic prerequisites etc.):</b> Students - all study levels and areas, interested in history, culture and traditions. Academic staff - interested in history, culture and traditions.	
<b>No. of ECTS awarded to students:</b> 3	
<b>Language of instruction and requirements:</b> English and/or French (minimum B1 level). Natives can use Romanian language. Other Romance languages can be used for solving the requirements.	
<b>Evaluation</b> Participants will develop and present a project in accordance with the BIP theme.	
<b>Partner universities:</b> All UNITA partner universities.	
<b>Program</b>	
<b>Objectives and short description of the BIP:</b> The program gives participants the opportunity to get familiarized with elements of history, culture and traditions specific to Romanian mountain areas and to exchange similar information with participants from partner universities. The program is designed in a friendly manner with interactive activities (visits, information exchange and joint projects). Objective 1: to get to know the most important elements of the history of mountain areas in the last century.	

Objective 2: to contribute to an audio-video project with information on the culture and traditions specific to mountain areas in the regions where they live/study.

Objective 3: to analyse comparative and contrastive elements of history and culture (holidays, customs, folklore, etc.).

**Detailed proposed schedule (physical and virtual component):**

**Virtual activity: 27.05.2025 - 13.06.2025** (Total of 6 hours: Synchronous online activity, 2 hours per week)

1<sup>st</sup> week - Elements of history. People and places that have marked the history of the Romanian mountain area in the last century (Resistance movement, collectivization, the communist period, the 1987 Anti-Communist Riot from Braşov, Romanian revolution from 1989, economic changes in the post-communist era)

2<sup>nd</sup> week - Romanian customs and traditions (popular costumes – motifs and techniques, the symbolism of the sewn motifs -, socialization through joint agricultural activities, traditional dances, food festivals, village museums etc.)

3<sup>rd</sup> week - International audio-visual project. European mountain areas in the 20<sup>th</sup>-21<sup>st</sup> centuries. (proposed structure and layout of the project, interactive presentations)

Individual activity 9 hours per week (9 hours x 3 weeks = 27 hours) consisting in research on the history, culture and traditions of the mountain area of the home country (economic, social, ethnic, cultural aspects, traditions and customs, specific festivals, etc.).

**Physical activity: 16.06.2025 - 20.06.2025**

**16.06.2025 (8 hours):**

Elements of history of the Romanian mountain area (2 hours) - Stanca MĂDA;

Romanian rural traditions (3 hours) - Violeta Ioana RUS;

Elements of culture and civilization. Mountain folk music (3 hours) - Georgiana ARGĂSEALĂ;

**17.06.2025 (8 hours):**

Elements of Romanian language and civilization. Greetings in rural communities (2 hours) - Răzvan SĂFTOIU;

Themes and motifs from Romanian folklore (3 hours) - Violeta Ioana RUS;

Elements of culture and civilization. Museum of Memories from Communism (3 hours) - Georgiana ARGĂSEALĂ;

**18.06.2025 (10 hours):**

Visit to Făgăraş area (Făgăraş Fortress, Brâncoveanu Monastery in Sâmbăta de Sus, Beclean Rural Museum)

Landmarks of the Romanian resistance against totalitarian regimes. Observation and analysis (2h) - Stanca MĂDA

Anti-communist resistance and political imprisonment in Țara Făgăraşului (3h) - Constantin BĂJENARU and Elena BUJA (translation);

Resistance through faith (2h) - Remus MOGOŞ and Georgiana ARGĂSEALĂ (translation);

Resistance through family and rural community values. The role of the Youth Groups in Făgăraş area (3 hours) - Aurel TRÂMBIŢAŞ and Violeta Ioana RUS (translation);

**19.06.2025 (8 hours):**

Interactive project (4 hours) - Georgiana ARGĂSEALĂ and Violeta Ioana RUS;

Elements of culture and civilization. Visit to the First Romanian School in Şcheii (4 hours) - Răzvan SĂFTOIU;

**20.06.2025 (8 hours):**

Minimal elements of mountain vocabulary (2 hours) - Stanca MĂDA;

Elements of culture and civilization. Romanian dances (3 hours) - Stanca MĂDA;

Interactive project presentation (3h) - Georgiana ARGĂSEALĂ.

#### Invited guests/speakers/experts (if any):

Dr. Constantin BĂJENARU, researcher at the "Valer Literat" Museum in Făgăraș will give a lecture on history during the scheduled visit to the Museum of The Land of Făgăraș Mountains.

Remus MOGOȘ, teacher of religion, "Radu Negru" National High School in Făgăraș, will give a lecture on resistance through faith in the mountain villages.

Aurel TRÂMBIȚAȘ, coordinator of the rural museum in Beclean, will make a presentation on the role and organization of the Romanian traditional family in the mountain areas in the village museum in Beclean.

#### Application procedure

##### Requirements:

English and/or French language (minimum B1-B2 level).

No other specialised knowledge is required. We welcome participants who are passionate about the history, culture and traditions of their own countries.

##### How to apply:

Application for an Erasmus+ mobility to each home university, according to the internal regulation of home HEI.

##### Deadline for application and nomination

**20.01.2025: nomination by home university to UNITBV (students and staff)**

**31.01.2025: students must fill in the application Google form: <https://forms.gle/sLVk2KdaDGNjzkz98>**

##### Details for contact person in UNITBV:

Administrative aspects: [outgoing-sd@unitbv.ro](mailto:outgoing-sd@unitbv.ro) - Oana ȚONEA

Academic aspects: [stanca.mada@unitbv.ro](mailto:stanca.mada@unitbv.ro) - Stanca MĂDA, PhD

#### Facilities offered to participants:

##### Accommodation/ meals/ travel:

Accommodation offered in UNITBV residence, 11 euro/night for students and 26 euro/ night for staff.

Lunch offered by UNITBV.