

Title of the BIP		Toolkit for a European Participatory Democracy	
General information			
Objectives and description		The aim is to bring democratic processes and mechanisms of social intervention closer to the daily lives of European citizens in decision-making, promoting dialogue as a core objective of a democratic community. It is therefore an educational project that seeks to provide a set of participatory tools to a wide range of communities.	
Methods and outcomes		This course is participant-centered. Participants will develop various group facilitation activities, including group work, presentations, and the formation of discussion groups for decision-making. During the five in-person days, participants will work in groups to develop an idea for participatory intervention within their own social, cultural, and economic contexts. These ideas will evolve throughout the training process.	
Field of Education		This course does not have a specific field of education; all areas, due to the characteristics of the course, are timely and important.	
Target Audience / Participants profile		This BIP is open from all fields to all people.	
N° of ECTS issued		3	
Language of instruction requirements		English	
Dates for Physical activities		06/07/2026 to 10/07/2026	
Location of physical activities		Instituto Politécnico da Guarda, Avenida Dr. Francisco Sá Carneiro, 50, 6300-559 Guarda, Portugal	
Dates for virtual component		30/06/2026	
Virtual Component Description		The first virtual session aims to introduce BIP to all participants, delving into the various topics that will be covered, the different methodologies used, as well as practical advice on accessibility to the Guarda region, among other information that participants should know, in order to facilitate the integration process. The last virtual session aims to be the culmination of the entire training process, allowing all participants to present their various proposals for intervention and democratic participation in their communities, sharing them with the rest of the community.	
Organizing board			
Receiving/Host university		João Leitão, Rosa Tracana e Ana Lopes	
Sending/Partner universities			
Detailed program			
30/06/2026 (online) - Introduce BIP to all participants; delving into the various topics that will be covered, the different methodologies used, as well as practical advice on accessibility to the Guarda region, among other information that participants should know. 06/07/2026 - 9h 30m am to 12h30m - Welcome and opening Session 14h30m to 17h30m - Workshop Intercomprehension 07/07/2026 - 9h 30m am to 12h30m - Participatory Art 14h30m pm to 17h30m pm - Workshop Participatory Art; 08/07/2026 - 9h 30m am to 12h30m Workshop European Citizenship - 14h30m pm to 17h30m pm - Participatory Budget ; 09/07/2026 - 9h 30m am to 12h30m - Conference: Experiences of Participatory Democracy 14h30m pm to 17h30m pm - Workshop Participatory Art; 10/07/2026 - 9h 30m am to 12h30m -Trip on the Douro Barca da Alva/Activity Evaluation 14h30m pm to 17h30m pm - The last session, aims to be the culmination of the entire training process, allowing all participants to present their various proposals for intervention and democratic participation in their communities, sharing them with the rest of the community. - 19h30m - Closing Dinner			
Application procedure			
Fill in application form available here:		Application Form	
Deadline for application		Until 30/05/2026	
Facilities provided to participants (housing, meals, ...)			